

CLARKSTON WRESTLING CLUB

BROUGHT TO YOU BY CLARKSTON COMMUNITY EDUCATION

WOLF CUBS (Grades K-2)

YF17-F30A Mondays, Nov 13- Dec 18 5:45-6:45PM \$82

YW18-F6 Mondays, Jan 15-Feb 19 5:45-6:45PM \$82

Introducing wrestling while maintaining a fun atmosphere. This level will increase athleticism, beginner wrestling techniques, and promote the love of the sport. Competition is not part of the curriculum in this level unless specifically asked for.

ELEMENTARY WRESTLING (Grades 3-5)

YF15-F30B Tuesdays & Thursdays,
Nov 14-March 15 (No Class 11/23, 12/26)
7:00-8:30PM \$179

Wrestlers that have enjoyed the program and picked up on basic techniques learned in Wolf Cubs. Competition is offered (but not mandatory) at this level. Wrestlers must be able to demonstrate basic techniques in order to move into this level. They must also be able to constructively participate in a serious practice without disruptions or rough housing.

SIGN UP NIGHT

Monday, 11/6 6-7pm
CHS Wrestling Room

WOLFPACK CLUB (Grades 6-8)

YF12-F32 Tuesdays & Thursdays, Nov 14-March 15
(No Class 11/23, 12/26) 5:30-7:00PM \$179

Competition club level. This level is for wrestlers that have moved on from basic techniques taught in prior levels or are in Middle school and capable of serious wrestling training. This will be serious advanced techniques and training geared at preparing Clarkston wrestlers for the middle and high school teams.



All classes held in the Clarkston High School Wrestling Room

To register call 248-623-4326 x1 or visit www.itprs.org