

# INDEPENDENCE TOWNSHIP PARKS, RECREATION & SENIORS

## THERAPEUTIC RECREATION NEWSLETTER

**AUGUST & SEPTEMBER 2017**

Providing recreational opportunities for those, ages 14+, with cognitive disabilities, with or without physical impairments. Seasonal sports leagues are available for children with special needs, ages 7-14.

### TR THEATER CAMP

**Participants ages 7+ | Cost \$105**  
**Mondays from 6:00-7:00pm**  
**September 18, 2017 - October 23, 2017**



Theater is for everyone! This 6 week camp is for participants with cognitive disabilities, with or without physical impairments. Be prepared for a high energy and exciting class taught by the theater professionals from the 4th Wall Theater Company. Participants will learn about the theater world and themselves through singing, dancing, and acting! See the enclosed flyer for more details and call ITPRS at 248-625-8223 to register today!

### DREW'S HOME

**4th Annual Golf Tournament**  
**Benefitting Drew's Home of Clarkston**  
**Saturday, August 12, 2017**  
**Tee Time 1:30pm Tickets \$85**  
**The Fountains Golf Course**  
**Sponsored by the Knights of Columbus**



Calling all golfers! Here's a great opportunity to get in a round while supporting a good cause! Drew's Home of Clarkston was established by some of our TR families, and other parents of people with disabilities, to provide a community-based residence in the Clarkston area. Check out the enclosed flyer or contact Darwin Balcom at 810-869-5637 to purchase tickets.

### TR BUDDY KARATE

**Participants ages 7-14, Buddies ages 10-17**  
**Tuesdays from 6:45-7:15pm**  
**Session 1: 9/19 - 10/24 & Session 2: 11/14 - 12/19**  
**\$30/Res. \$40/Non. Res. \$10/Buddies**



Join us for our newest TR Buddy program! TR Buddy Karate is a non-competitive recreational class for boys and girls with cognitive disabilities, with or without physical impairments. Each participant will be paired with a buddy to assist as needed. This class teaches introductory karate motions and a whole lot of fun! See the enclosed flyer for more details and call ITPRS at 248-625-8223 to register today!

### TR FITNESS WORKOUT

**Participants ages 14+**  
**Thursdays from 7:00-8:00pm**  
**October 5, 2017 - November 30, 2017 (skip 11/23)**  
**\$45/Res. \$55/Non. Res.**



Get into shape and feel your best! Join us for the NEW TR Fitness Workout, led by certified instructor (and TR Softball Mom!), Nancy Faw. This total body fitness workout is for persons with cognitive disabilities, with or without physical impairments. The workout will include cardio, light weights, and core focus. See the enclosed flyer for more details and call ITPRS at 248-625-8223 to register today!



**INDEPENDENCE TOWNSHIP PARKS, RECREATION & SENIORS**

6483 Waldon Center Drive, Clarkston, MI 48346 • 248.625.8223 • ITPRS.ORG

*Making our community a better place to live, work and play by building connections with neighbors and the outdoors.*



# TR PIZZA & MOVIE NIGHT

Friday, September 8, 2017 6:00 pm - 8:00 pm

We will now hold TR Pizza & Movie Nights at Bartsch Hall (right across the parking lot from the Carriage House, attached to the Senior Community Center)! We've got a big, new TV and DVD player! Bring a camp chair, bean bag, or something comfy to sit in while we watch the show!

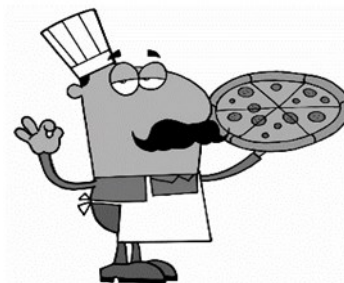
Join your friends for some tasty pizza and a feature flick! TR Pizza & Movie Nights are for participants, ages 14+, with cognitive disabilities, with or without physical impairments. Bring your favorite DVD - we will take a vote and may choose yours! Pizza & Movie Night is held at the Independence Township Senior Community Center **Bartsch Hall**, 6000 Clarkston Rd., on 9/8/17, from 6:00 p.m. - 8:00 p.m.

Registration is \$6.00 and includes salad, 2 slices of pizza, dessert, popcorn and drinks.

(Extra pizza is available for \$1.00 per slice, but must be requested at time of registration.) Care-givers are free unless they plan on eating dinner as well.

Pre-registration is not required, but guarantees there will be enough food for everyone.

A minimum of 4 participants are needed, so please register early! For more information or to register call (248) 625-8223 or register online a [www.itprs.org](http://www.itprs.org). (Contact the ITPRS office to obtain a username and password if you are registering online for the first time.)



# TR BINGO NIGHT

Friday, September 22, 2017 6:00 p.m. - 8:00 p.m.

Pick your lucky card, keep track of the calls and "B-I-N-G-O" you may win a prize! TR Bingo Nights are for participants, ages 14+, with cognitive disabilities, with or without physical impairments. This fun evening is held at the Independence Township Senior Community Center Carriage House, 6000 Clarkston Rd., on 9/22/17, from 6:00 p.m. - 8:00 p.m.



Registration is \$6.00 and includes game supplies, prizes, and light refreshments.

Pre-registration is not required, but guarantees there will be enough snacks and prizes for everyone. Care-givers are free, unless they plan on having refreshments. A minimum of 4 participants are needed, so please register early! For more information or to register call (248) 625-8223 or register online at [www.itprs.org](http://www.itprs.org). (Contact the ITPRS office to obtain a username and password if you are registering online for the first time.)

**Independence Township provides transportation services for people 18+ who have physical or mental disabilities. Riders must be residents of Clarkston, Independence Township or Springfield Township. For destinations available and other information, call the Senior Community Center at 248-625-8231.**



You are receiving this newsletter and other TR program mailings because you've either requested to be on our mailing list or have participated in a previous TR program. If for any reason you would like to stop receiving our mailings, please email [dwescott@indetwp.com](mailto:dwescott@indetwp.com) or call 248-625-8223 and asked to be removed. If you know anyone that would like to receive our mailings, please have them email [dwescott@indetwp.com](mailto:dwescott@indetwp.com) or call 248-625-8223 to be added to our mailing list.